



## Progression in PE at Sandhills Primary School

Progression documents for other areas of PE are available from the PE Coordinator

<b>Dance</b> from Get Set 4 PE					
	<b>EYFS</b>	<b>KS1</b>	<b>Lower KS2</b>	<b>Upper KS2</b>	<b>End Y6</b>
	<p>Explore how their body moves. Copy basic actions and rhythms. Explore actions in response to music and an idea. Explore pathways and the space around them and in relation to others. Given opportunities to perform in front of others.</p>	<p>Accurately remember, repeat and link actions to express an idea. Develop an understanding of dynamics. Develop the use of pathways and travelling actions to include levels. Explore working with a partner using unison, matching and mirroring.</p>	<p>Respond imaginatively to a range of stimuli related to character and narrative. Change dynamics confidently within a performance to express changes in character. Confidently use changes in level, direction and pathway. Use action and reaction to represent an idea.</p>	<p>Choreograph planned dances by using, adapting and developing actions and steps from different dance styles. Confidently use dynamics to express different dance styles. Use direction and patterning to express different dance styles. Confidently use formations, canon and unison to</p>	<p>Show controlled movements which express emotion and feeling. Explore, improvise and combine movement dynamics to express ideas fluently, effectively on their own, with a partner or in a small group. Use a variety of basic compositional principles when</p>

		Develop use of facial expressions in performance.	Perform complex dances that communicate narrative and character well, performing clearly and fluently.	express a dance idea. Perform dances expressively, using a range of performance skills, showing accuracy and fluency.	creating their own dances. Demonstrate a clear understanding of timing in relation to the music and other dancers throughout their performance.
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