



## Physical Education Curriculum Statement

<b>Intent</b>	<p>At Sandhills Primary School, we know that a high quality PE curriculum has a crucial role to play in supporting children's health and wellbeing through incorporating movement into their lives and helping develop healthy behaviours. Alongside teaching sport specific skills and knowledge, we use PE lessons to help instil a lifelong confidence and enjoyment in being active. We also use PE to develop key values and behaviours including fairness, overcoming challenge and learning through failure, perseverance, cooperation and creativity. PE lessons provide opportunities for children to find their passion and develop a lifelong involvement in sport and physical activity.</p> <p>We teach PE through a broad range of activities and develop skills and knowledge through a carefully sequenced, cumulative curriculum. We are committed to inclusion and have high expectations of all children.</p>
<b>Implementation</b>	<p>PE lessons take place twice a week for all children and children take part in the Daily Mile three times a week to ensure further positive impact on children's health, wellbeing and learning.</p> <p>During Key Stage Two, children are taught swimming at a local swimming pool by a specialist swimming teacher.</p> <p>We provide a range of extracurricular activities and take part in fixtures, competitions, festivals and events with other schools. The school has links with several different local clubs and organisations who work with us in school in a variety of ways and that we can signpost children to where appropriate to continue to develop their enjoyment of sport.</p>
<b>Impact</b>	<p>As a result of our PE curriculum children at Sandhills Community Primary School will:</p> <ul style="list-style-type: none"><li>● develop a range of skills across different sports, gymnastics, dance, athletics and swimming.</li><li>● will know that being active contributes to a healthy lifestyle and</li><li>● will begin to develop attitudes, values and behaviours that include respect, relationships, responsibility and resilience.</li></ul>

<p><b>Aims</b></p>	<ul style="list-style-type: none"> <li>● The aims of the National Curriculum for PE are that children:</li> <li>● develop competence to excel in a broad range of physical activities</li> <li>● are physically active for sustained periods of time</li> <li>● engage in competitive sports and activities</li> <li>● lead healthy, active lives.</li> </ul>
<p><b>Coverage and Progression</b></p>	<p><b>EYFS pupils:</b></p> <ul style="list-style-type: none"> <li>● Negotiate space and obstacles safely, with consideration for themselves and others.</li> <li>● Demonstrate strength, balance and coordination when playing.</li> <li>● Move energetically, such as running, jumping, dancing, hopping, skipping and climbing.</li> </ul> <p><b>Key Stage 1 pupils:</b></p> <ul style="list-style-type: none"> <li>● master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities</li> <li>● participate in team games, developing simple tactics for attacking and defending</li> <li>● perform dances using simple movement patterns.</li> </ul> <p><b>Key Stage 2 pupils:</b></p> <ul style="list-style-type: none"> <li>● use running, jumping, throwing and catching in isolation and in combination</li> <li>● play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending</li> <li>● develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]</li> <li>● perform dances using a range of movement patterns</li> <li>● take part in outdoor and adventurous activity challenges both individually and within a team</li> <li>● compare their performances with previous ones and demonstrate improvement to achieve their personal best.</li> </ul>
<p><b>Skills and Attitudes</b></p>	

	<ul style="list-style-type: none"> <li>● Through teaching good quality PE, children also develop resilience, the ability to work with others, the ability to learn through failure, a growth mindset; co-operation and creativity</li> </ul>
<b>Records and Assessment</b>	<ul style="list-style-type: none"> <li>● Pupils' experiences and achievements in PE are recorded throughout, and at the end of each phase</li> <li>● Assessments are made through: <ul style="list-style-type: none"> <li>○ Observing</li> <li>○ Listening</li> <li>○ Questioning</li> <li>○ measuring</li> </ul> </li> </ul>
<b>Inclusion</b>	<ul style="list-style-type: none"> <li>● We are committed to Inclusion</li> <li>● We aim to identify, understand and overcome barriers to participation and belonging</li> <li>● We provide equal opportunities for all learners regardless of age, gender, ethnicity, impairment, medical concerns, attainment or background</li> </ul>
<b>Safety</b>	<ul style="list-style-type: none"> <li>● All activities will take place with due regard to the health and safety of all participants</li> <li>● Risk Assessments for are maintained and appropriate equipment is regularly checked</li> </ul>
<b>Review</b>	<ul style="list-style-type: none"> <li>● This curriculum statement will be reviewed regularly by the subject leader</li> </ul>