



## Learning Project WEEK 4 - Sport

**Age Range: Year 5**

### Weekly Maths Tasks (Aim to do 1 per day)

- Write down the names and ages of each member in your household in years. Get your child to convert the ages into months, days, hours etc.
- If you were to watch a film every day for a week, what would the total running time be? Record it in hours and minutes and then convert this into just minutes.
- There are **5 days of maths work** that can be found on our school website.  
*Please select the correct level from your year group folder – remember to challenge yourselves.*  
<https://sandhills.oxon.sch.uk/weekly-maths-tasks/>
- Practice your times tables. Choose the right level for you.  
<https://sandhills.oxon.sch.uk/home-learning-times-tables/>
- Online Maths lesson - if you have access to the internet have a go at this lesson:  
**Year 5: Calculating Area**  
<https://www.bbc.co.uk/bitesize/articles/zh9brj6>

### Weekly Reading Tasks (Aim to do 1 per day)

- Ask your child to read a chapter from their home reading book or a book that they have borrowed from the library.
- Ask your child to read the sports pages of a newspaper and consider the language used. They could create an interesting language word bank and add to this each week.
- Ask your child to consider the actions of a character in a book they've recently read. Do they agree or disagree with the actions? They should verbally give reasons for their opinions and justify them using evidence from the text.
- Choose a reading comprehension from the school website to complete over the week.  
<https://sandhills.oxon.sch.uk/reading-questions-reading-comprehension-yr1-6/>
- Choose a shorter 60 Second Read Activity from the school website.  
<https://sandhills.oxon.sch.uk/year-5-6-60-seconds-reads/>

### Weekly Spelling Tasks (Aim to do 1 per day)

- Encourage your child to practise the Year 5/ 6 Common Exception Words (see list)  
<https://sandhills.oxon.sch.uk/year-5-spellings/>
- Can your child unscramble these sporting words: queenmipt, poicmlys, tannidmob, cagminssty and pochmashpini.
- Ask your child to create their own sporting word search. This could include the names of athletes, sports or sporting equipment.
- Can your child list sport related noun phrases and verbs that correspond with each letter of the alphabet?
- The weekly spellings can be found on the link. Ensure you are picking the right group.  
<https://sandhills.oxon.sch.uk/year-5-spellings/>

### Weekly Writing Tasks (Aim to do 1 per day)

- Task your child with writing two newspaper articles on a sport of their choice, one reporting on an event and the other reporting 'behind the scenes'. Pay attention to the different language that will be used in each. Can your child include direct speech from 'interviews'?
- Ask your child to choose a sports person they admire. Encourage them to create a biography which tells the story of their life in chronological order.
- Ask your child to choose a sport which is popular in another country and write an information report, giving key details about the sport and its history.
- Your child can create a persuasive leaflet for a new school sports club. They should use persuasive language including modal verbs and adverbs of possibility.
- **Do you agree we should do an hour PE lesson EVERY DAY?** Write a debate article expressing your point of view. Remember an introduction to introduce the article. A middle paragraph to give your point and a conclusion to summarise your points.

**Learning Project - to be done throughout the week**

**This project this week aims to provide opportunities for your child to learn more about sports and games. Learning may focus on the history of the sport, sporting-heroes, physical challenges and performance.**

**Sport Genius** – Ask your child to research about sporting history and see how many different facts they can find out about sports from the past. Ask them to create their own sporting trivia quiz which they can test out on member of the household (or me, if they email it over!). Or place different sporting events from the last 100 years onto a timeline.

**Sporting Heroes** – Get your child to select their favourite sporting star. Then they can draw a portrait of them in the style of the famous pop artist Roy Lichtenstein using felt tip pens or paint.

**Name that Sport** – Get your child to create an orienteering map of your home/garden. At each location they will need to create a question relating to a sport e.g. which sport has the most rules? The answers can then be recorded on an orienteering sheet. How about giving them a challenge? Can they create an answer that begins with the letter of the next location? Get your child to test it out on a family member.

**Beat It!** – Begin by getting your child to measure their resting heart rate but counting how many beats in a minute. Then get them to carry out an exercise e.g. running, skipping, star jumps etc for 3 minutes. Once they have completed this they are to carry out a recovery activity e.g. walking or sitting and see how long it takes for their heart rate to get back to normal. Ask them to repeat this with different recovery exercises to see which is the most effective at getting their heart rate back to normal the quickest. Can they create a way of showing their results?

**Anyone Can Be A Champion!** - This activity is all about exploring the diversity of sport. Ask your child to research the history of the Paralympics. Discuss why we have the Paralympics. Get your child to create a poster which presents the importance of the Paralympics and the range of different sports there are.

#### **Additional learning resources parents may wish to engage with**

**Twinkl** - to access these resources click on the link and sign up using your own email address and creating your own password. Use the offer code UKTWINKLHELPS.

Highly recommended. A document made by the staff at Sandhills to bring your attention to wide variety of extra tasks.

<https://sandhills.oxon.sch.uk/wp-content/uploads/2020/04/Additional-home-learning-materials-updated-30.4.20.pdf>

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