

Dear Children and Parents,

Welcome back to those of you who have been in school this week! Like all of you, I felt a mixture of emotions on the first day but we soon got into the swing of it all again and it has been a lovely week. The children have been playing a lot, inside and outside the classroom. The bike and scooters, in particular, are back in action and getting a lot of use! It has been a bit strange with the class being split, but all the children have coped with the changes brilliantly! And thank you to you all for observing social distancing at drop off and pick up.

Hello to those of you who are at home. I hope you have had a good week. Do let me know what you have been up, I would still love to hear from you.

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Next week our theme is growing plants. We will be planting some seeds at school and talking about how to help them grow. I plan to do very similar activities in school to those on the home learning document. Perhaps those of you at home may be able to plant some seeds as well. Let me know how you get on!

During this time of change, anxieties can be heightened a little. It may be helpful for children to have some quiet time (or is that wishful thinking!). I came across the website below with a variety of guided meditations on it which I thought might be helpful, especially at bedtime.

<https://anxiety-gone.com/best-guided-meditation-kids-anxiety-available-youtube/>

Also, here are some dinner time questions to chat about over the weekend:

Would you rather have a horses tail or a unicorn horn?!

Would you rather be the best player on a losing team or the worst player on a winning team?

Would you rather always talk in rhyme or sing when you speak?

Would you rather have a magic carpet that flies or your own personal robot?

Would you rather be really fast or really strong?

I hope you all have a lovely weekend. It was great to see many of you this week! See you next week.

Best wishes,

From Miss Chappell and Mrs Lawful.