



Learning Project Summer 2 WEEK 1 - Food

Age Range: Y4

| Weekly Maths Tasks (Aim to do 1 per day) | Weekly Reading Tasks (Aim to do 1 per day) |
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| <ul style="list-style-type: none"> ● There are 5 days of maths work (in one PowerPoint) that can be found on our school website (https://sandhills.oxon.sch.uk/weekly-maths-tasks/). <i>Please select the correct level from the year four folder - remember to challenge yourselves.</i> ● Practise telling the time. Read to the quarter hour and the nearest 5 minutes. ● Get a piece of paper and ask your child to show everything they know about Time. This could be pictures, diagrams, explanations, methods etc. They can be as creative as they want to be. ● Practise counting forwards and backwards from any given number in 3s. ● Practice your times tables. Choose the right level for you. https://sandhills.oxon.sch.uk/home-learning-times-tables/ ● Continue with these online maths lessons about perimeter from the Oak National Academy: https://www.thenational.academy/year-4/maths/area-and-perimeter-year-4-wk1-4 . There are more lessons here too. | <ul style="list-style-type: none"> ● You could share a story together. This could be a chapter book where you read and discuss a chapter a day. ● Listen to your child read and let them discuss what they have read. Encourage them to read with expression and intonation. Children should be reading, either alone or with someone else, at least once a day. ● Watch Newsround and discuss what is happening in the wider world. ● Choose a comprehension from the school website. We recommend one longer comprehension and one 60-second read each week. https://sandhills.oxon.sch.uk/curriculum-information/english/ ● Read through a recipe book, discussing any words they don't know. Choose a favourite recipe and follow it! |
| Weekly Spelling Tasks (Aim to do 1 per day) | Weekly Writing Tasks (Aim to do 1 per day) |
| <ul style="list-style-type: none"> ● Practise the Year 3/4 Common Exception words. https://sandhills.oxon.sch.uk/year-4-spellings/ ● Link to weekly spellings - look, cover, write, check <i>These can be found on the school website. Choose the right level.</i> https://sandhills.oxon.sch.uk/year-4-spellings/ ● https://teachmama.com/fun-ways-to-learn-spelling-words/ ● Choose 5 Common Exception words OR words from your spelling list. Write a synonym, antonym, the meaning and an example of how to use the word in a sentence. Can the word be modified? ● Choose 5 Common Exception words and practise spelling them using bubble letters. Write the word in bubble letters, e.g. <div style="text-align: center; margin-top: 10px;"> </div> | <ul style="list-style-type: none"> ● Write a recount to a family member telling them all about how your day or week has been. ● Write a shopping list that ensures their family will eat a balanced diet. Remembering to include exciting adjectives. ● Write a recipe (this can be made up!). How to make They should remember to include a list of ingredients and things they need, and also include headings and subheadings. Then write their set of instructions, remembering to include imperative verbs. (Verbs that command you to do something, e.g. 'mix'). ● Write a review about a meal they've eaten. Describe what they had to eat. What did they enjoy and why? ● Choose a particular food and write an acrostic poem. Think about where it comes from? What does it look like? What does it taste like? etc.... <i>Remember, an acrostic poem is one where each line starts with a letter from the word, which reads down the side</i> |

Learning Project - to be done throughout the week

The project this week aims to provide opportunities for your child to learn more food. Learning may focus on where different foods originate from, what makes a healthy meal, opportunities to cook etc.

- **Let's Wonder:**

What is a balanced diet? Find out about the 5 food groups. Make slides or posters about what they find out about. [Carbohydrates](#) [Protein](#) [Dairy](#) [Fruits and Vegetables](#) [Fats](#). Where does their food come from? Which foods come from the UK? [What is fairtrade?](#)



- **Let's Create:**

Make repeated pattern prints for decorative purposes using various natural materials, e.g. potato printing or create some still life observational sketches of fruit. Look at the artwork of [Giuseppe Arcimboldo](#). Maybe recreate some of his paintings with fruit.



- **Be Active:**

Food provides us with energy and we need energy to exercise and this keeps us fit. Why not choose a dance from [Supermovers?](#) There are various online activities to join in with, such as PE with Joe Wicks or Five a day fitness (see parentmail from Mrs Clark for details). Otherwise, it's up to you! You could go for a (socially-distancing) walk or do the daily mile in your garden (if you have one) or up and down your living room. Be creative and have fun with it!
Recommendation at least 2 hours of exercise a week.



- **Time to Talk:**

As a family, design a healthy meal plan for the week. Discuss their favourite foods and why they enjoy them. Talk about healthy and unhealthy foods and explain the importance of eating a balanced diet.



- **Understanding Others and Appreciating Differences:**

[Lunch around the world.](#) Look at lunch around the world and investigate how differently people eat in other parts of the world. Find out what a vegetarian is? Vegan? Kosher food? Halal food?



- **Reflect:**

Make a meal by combining a variety of ingredients using a range of cooking techniques. Measure and weigh ingredients appropriately to prepare and cook a range of savoury dishes.



Additional learning resources parents may wish to engage with

Twinkl - to access these resources click on the link and sign up using your own email address and creating your own password. Use the offer code UKTWINKLHELPS.

<https://sandhills.oxon.sch.uk/wp-content/uploads/2020/04/Additional-home-learning-materials-updated-30.4.20.pdf>

- there are a variety of different links and potential resources on the school website that different teachers have recommended.