

Values

Value	
Love	Love sustains human relationships with dignity and depth. Love doesn't involve dependency or control, but kindness, caring and understanding.
Respect	The first respect is for the self – to know that 'I' am valuable – know my own qualities. Then respect is valuing the worth of others and our environment.
Co-operation	Working as a team – having good wishes for others. Those who co-operate receive co-operation. Co-operation is everyone's responsibility but takes courage and will power to achieve.
Responsibility	Doing your share – carrying out duties with integrity. Accepting what is required and carrying out the task to the best of your ability. Responsibility lies at home, school, in our world.
Tolerance	Tolerance is accepting myself, even when I make mistakes. Tolerance is accepting others, even when they make mistakes.
Appreciation	Not taking things for granted. Appreciating the people we know and don't know who may contribute to our lives. Appreciate the world we live in and the familiar things about ourselves.
Happiness	If sought from the outside sources it is temporary. Lasting happiness is a state of contentment within – not needing to be fed by outside wants.
Trust/ honesty	Honesty is to speak that which is thought and to do that which is spoken. Honesty is a clear conscience – being honest brings trust. If you're trustworthy you can be relied upon to do the right thing. Trusting people is part of everyday life; putting trust in someone requires great courage and unshakable faith.
Friendship	The only way to find a friend is to be one. Learning to be a true friend means facing yourself, observing your actions and attitudes to others – this takes great courage. Friendship is an act of giving to others.
Thoughtfulness	Stepping outside of the self. Being mindful of others – their needs and feelings and putting these before your own. Thoughtfulness is giving out of a love of others.
Understanding	Understanding feelings of others. Showing empathy – really seeing, really listening. Understanding why others behave as they do. Understanding the self and one's own motives.